



Dear Coaches, Parent Reps and Officials:

Thank you for volunteering your time to be a part of the Christine Cato Memorial Ski Race. Not all of this letter will pertain to you, however if you read all of it you will be well informed prior to your arrival. This race is in memory of Christine Cato, who was a member of the Beaverton High School Ski Team and had raced for Mighty Mites when she was younger. Christine died in an accident in the summer of 1989 just before her senior year. She loved the mountain and she was a friend who encouraged those around her to excel in what they wanted to do.

January 7th, 2012 is the date of this year's race. Timberline, with the help of Metro, Three Rivers and Mt. Hood Leagues is dedicated to making the Christine Cato Memorial Race a fun and friendly experience for high school racers. This has become the largest high school race in the country, and as such, requires a tremendous amount of cooperation from the ski area, leagues, coaches, officials and volunteers. The Steering Committee is made up of Christine's parents, Stu and Judy Cato, their daughter Caroline McCorkle and her husband Mark. Timberline is represented by Ricky Hower and Logan Stewart. Each of the three leagues involved has been represented by their league officers. The committee meets months in advance and is dedicated to making this event a success.

Keep in mind that this is intended to be a "Fun Race"! The team that demonstrates the most spirit will be awarded a very handsome trophy to be displayed at their school. In addition, fun awards will be given for "Best Costume". Costumes will be judged prior to the race at the entry to the banquet room from 8-9 am. Then, wear your costume out on the course for everyone else to enjoy!

To assure that everything runs as smoothly as possible, the following special arrangements will be in effect.

1. All activities will be held in the C.S. Price Conference Wing (east wing) of Timberline Lodge, which is accessible from the east side of the building. Tables will be set up with school designations. Please ask racers to refrain from using the Wy'East Day Lodge.
2. No skis or poles are to be in the lodge at any time. Bag Storage will also not be allowed in the C.S. Price Wing. Please store and lock your gear in your vehicle.
3. An on-snow ski corral will be located off the back deck on the east side of the hotel. This area will be secured for Cato participants. Timberline will not be responsible for any lost or stolen equipment.
4. There will be no food service available prior to the post race meal. Please plan accordingly.
5. The post race meal is complimentary to racers, coaches and volunteer course workers. The meal will be served after the completion of the race at approximately 12:30 p.m. and ending at 2:30 p.m. We ask that

racers only take as much food as they will eat so food will be left for those tearing down the courses.

6. Girls and Boys Varsity courses will be located side-by-side on Pucci Run and the Girls and Boys Varsity II course will be on Thunder. Courses are subject to change due to snow conditions.

7. Lift Tickets- Racer lift tickets will be available at 7:45am the morning of the race in the lower lobby, at the ticket table by the fireplace. Cost is \$45. Tickets will be sold on a team basis only to coaches or parent reps. Do not send athletes to buy them. Please be ready with your total ticket count. Payment may be made by cash, check or credit card.

Racers and coaches holding Timberline or Fusion passes will not need to buy a separate lift ticket. These passes are honored at the lifts. Elite passes may be presented at the ticket table to obtain a race ticket.

Complimentary lift tickets will be issued to pre-registered team coaches who do not already hold one of the season passes. Coaches should pick up their ticket from Jason Gillies (3-Rivers coach) after 7am on race morning, either at the machine shop, coaches meeting or otherwise in the Barlow room.

8. Racer bibs, start orders and commemorative pins for the entire team should be picked up at the Cato pin table (near the fireplace), by coach or parent rep only. Coaches may also pick up their on-hill snack there.

9. The 8:45 am coaches meeting will be held in the Market Café (the bar) in the Wy'East Day Lodge. Please make sure your team is represented if the head coach is unable to attend!

10. Remind your racers to conduct themselves on-hill and in the lodges with extreme courtesy toward other patrons and employees of Timberline. All provisions of OISRA Alpine Race Rules, Section II, Item L ("Disqualifications & Sanctions") will be in effect. You are representing your school, community, ski racing, and the tradition of this memorial race, so let's ensure this event remains a fun and safe day for all involved.

11. The award ceremony will follow the race as soon as possible. It will be held in the C.S. Price Wing of the Hotel. This ceremony is an important part of the race and we encourage you to attend with your racers. Please do not leave during the ceremony as it is very disruptive. This is also a great opportunity to thank the race organizers and demonstrate even more team spirit.

12. Awards will be presented to the top 3 teams in the Varsity I and Varsity II divisions as well as the top three individuals in each of these divisions. Results for all racers will be posted outside on race day, in tents to the east of the C.S. Price Wing. Following race day, results may be viewed and downloaded from <http://www.ski3rivers.org/Cato.htm> or through the timberlinelodge.com events page.

OFFICIALS, VOLUNTEERS AND FORERUNNERS

1. Officials and volunteer course workers should report to the Barlow room (stay on the entry level and take a right after passing through the front hotel entrance). Ski boots are allowed on this level, but skis and poles must not be brought anywhere inside the lodge.

2. Upon entering the Barlow room, officials and volunteers should check-in at the tables labeled for each course (example: V1 boys, V1 Girls and V2 will have a separate table). All will receive a complimentary lift ticket good for race day, a commemorative pin, and an on-hill snack. After the race, come back to the Barlow room to return any worker gear that you were issued in the morning and to pick up a voucher for

your efforts. This voucher is good for one free lift ticket (valid M-F through the end of the winter ski season). All officials and volunteer workers are invited to the post race meal.

3. Experienced racers, particularly past Cato racers, are encouraged to submit their names to forerun the courses. Please send your name and contact information to Judy Cato at thecatso@teleport.com. On race morning, forerunners check-in at the Cato pin table in the lower lobby to pick up their lift ticket, commemorative pin and on-hill snack. They are also invited to the post-race meal.

4. Check-in for officials, workers and forerunners runs from 7:45 – 8:45a.m. Teams will be fined \$50.00 per volunteer that does not check-in and attend the appropriate meeting.

5. Officials, volunteers, coaches and forerunners may store their bags in the Barlow Room during race day. Please be sure to retrieve your gear by 4pm.

6. A punctual start of the race depends upon the timely arrival of race officials, timers, gatekeepers and other volunteer course workers at their designated course. Transportation to and from venues is not provided. Those with skis are advised to use them. Workers can reach the courses on foot if they allow a little extra time and wear proper boots.

SPECTATORS

1. Please, remind your spectators as well as racers that they are guests of Timberline and should conduct themselves accordingly.
2. Spectators should plan to ski or walk to race venues. Transportation is not provided.
3. Parents and spectators may purchase the post race meal for \$10.00. This meal is free for volunteer course workers.
4. You are encouraged to distribute this letter to your volunteer workers and team parents. It is posted on the Metro League Information page (www.metrokileague.org/documents/catorace.html) and through the timberlinelodge.com events page.

RULES AND REGULATIONS

Rules as stated in the OISRA Rule Book are in effect with the following exceptions, additions and re-emphasis:

1. HELMETS ARE REQUIRED
2. NO PROTESTS will be accepted for this race. Let's keep this race FUN! All other OISRA race rules are in effect. Gates will be judged for correct passage.
3. Any racer entered under false pretenses will be considered the responsibility of the coaches and the entire team will be disqualified. A complaint will be registered with the Athletic Director of the school involved.
4. Contrary to OISRA rules, racers will be allowed one binding release event of one or both skis, prior to

the second to the last gate, without being disqualified. (OISRA rules allow the loss of only one ski.)

5. Alternate V1 racers will race and will ski for individual awards but will not be counted toward team times. The best 3 times from racers 1-5 are used for V1 team times. An alternate may substitute into a V1 spot if the V1 racer is unable to race. V2 racers are not allowed to substitute into any V1 or V1 alternate spots.

6. Each team must have a designated coach. Teams not racing under their regular high school coach must have written authorization from their acting coach.

7. Team members must be rostered with the OISRA as a member of a sanctioned high school race team.

8. All racers, coaches and volunteer course workers are required to have a signed liability release form for the race. **No exceptions!** These forms are available from your respective leagues and should be turned back in per league instructions.

9. OSAA and School District rules pertaining to academic eligibility, controlled substances and driving to or from an event will be in effect.

10. A Start Order Form is included within and also posted alongside this letter.

Race Format

Varsity Boys Slalom (on Pucci run, course on skiers left) - 1 team per school

Participants: 3-5 racers per team with 1 alternate

Qualifications for Team Award - 3 must finish for team score

Three Rivers League will be in charge of the V1 Boys course

Varsity Girls Slalom (on Pucci run, course on skiers right) - 1 team per school

Participants: 3-5 racers per team with 1 alternate

Qualifications for Team Award - 3 must finish for team score

Metro League will be in charge of the V1 Girls course

Varsity II Boys & Girls Slalom (1 course, Thunder run) - 1 team per school

Participants: remaining racers

Qualifications for Team Award - 3 must finish for team score

Timberline Race Crew and Mt Hood League will be in charge of the V2 course

All courses are accessible via the Pucci chair lift (Pucci run is to skier's left of the lift line, Thunder to skier's right). Molly's chair is an alternate for the V1 courses during the race. Likewise, Stormin Norman's is an alternate for the V2 course. Only Pucci chair will be open early for course setters.

Christine's parents Judy and Stu, her brother Ray, sister Caroline and Caroline's husband Mark will be attending this event. They would all like to thank you in advance for your participation.

Regards from Timberline Lodge Race Department

**PLEASE REMEMBER THAT SAFETY IS THE NUMBER ONE
RESPONSIBILITY OF EACH COACH, ASSISTANT COACH, OFFICIAL
AND RACER**

Race Day Schedule

- 6:30A.M. Coaches meet @ lower shop for V1 equip drop-off
V2 equip drop-off is at west end of hotel parking lot
- 7:00A.M. Coaches' tickets are available (see Jason Gilles)
- 7:15A.M. Begin course setting
- 7:45A.M. Pucci chair open for course setters
Officials check-in begins (Barlow Room)
Gatekeeper/course worker check-in begins (Barlow Room)
Racer ticket table opens (lower lobby/entry level, by fireplace)
Coaches/Parent reps: Pick up team bibs & pins at Cato pin table
- 8:00A.M. Officials meeting (Blue Ox bar)
- 8-9 A.M. Costume judging (entryway to banquet room)
- 8:45A.M. Coaches meeting in Market Café (the bar), Wy'East Day Lodge
Gatekeepers meeting (Barlow Room)
Timers meeting (outside of entrance to Barlow Room)
- 9:30A.M. Courses open for inspection
- 10:00A.M. Forerunners at start areas
- 10:15A.M. Racers with bibs 1-10 report to start areas (check with start referee)
- 10:30A.M All Races Start
- 12:30P.M. Post race meal (time may vary due to finish time of race)
- 3:00P.M Awards Ceremony (time may vary)

Forms for Start Orders and Volunteer Workers

Completed Start Orders are to be e-mailed to Nora Semonsen at nsemonsens@hailmail.net no later than noon December 30th, 2011. Use the excel file on website for submitting start orders. Please email earlier if at all possible.

To run a safe and fair race, over 100 volunteers are needed for official and other course worker positions. Officials and key course worker positions will be filled by the work coordinators for each league. We need parent volunteers for other positions (mostly gatekeeping). Coaches or parent reps who coordinate race workers for their schools are requested to submit names using the included Race Worker form. One worker name should be provided per each team of 4 or more members in each race category (V1 boys, V1 girls, V2 boys, V2 girls). The completed Race Worker form must be emailed to Lisa Yost at lisayost@comcast.net

These are due no later than noon December 30th, 2011. Please e-mail earlier if at all possible.
Note: The names of all team coaches should be listed on this form to register them for the race.

For your downloading convenience, the Start Order and Race Worker registration forms are posted individually alongside this handbook. When emailing your completed forms, please include the words Cato and your school name in the subject line.

Race worker names should include e-mail addresses and phone numbers so we can contact them with information regarding their assignment. A course selection for each should also be indicated (V1 boys, V1 girls, V2 or “any”). It is our goal to have workers stationed on the course of their choice, subject to properly covering all work positions.

The Race Worker form has a place to indicate whether each worker is a skier or a walker. This information is used to assign non-skiing volunteers to work positions that are walkable from the lodge. Although most of the work positions do not require skiing ability, the race courses are a fair distance from the lodge and it is an advantage being able to ski to them. Volunteers identifying themselves as “skiers” should be sure to bring their skis to the race and be ready to use them. Workers should also remember to dress for any kind of weather and be prepared to be out on the course for several hours.

Lastly, the form has a spot to indicate prior race work experience, if any. This information may be used by the race organizers. Examples of prior experience could include hand timing, course maintenance, and gatekeeping. Please note that prior race work experience is not required for volunteer positions. Training will be provided on race day.

Those who expect to be gatekeepers should view the Gatekeeper Instructions to be found on the Metro League Procedures page: www.metroskileague.org/documents/leagueprocedures.html.

Cato Race Worker Form

Email race worker names to lisayost@comcast.net by noon Dec 30th, 2011.

One volunteer name must be submitted per each team having 4 or more members in each race category (V1 boys, V1 girls, V2 boys & V2 girls).

Example: If your school had the following racer counts—V1 boys (6), V1 girls (2), V2 boys (4), V2 girls (9), you would need to submit 3 worker names: one for V1 boys, two for V2 (boys/girls race the same course for V2), none for V1 girls.

Additional names beyond the requirement are welcome!

Please fill in all requested information lines.

School name _____

Contact person/email/phone _____

Worker's Name _____

E-mail _____

Phone _____

Course: V1 Boys ___ V1 Girls ___ V2 ___ any ___

Skier ___ -or- Walker ___

Prior race worker experience (if any): _____

Worker's Name _____

E-mail _____

Phone _____

Course: V1 Boys ___ V1 Girls ___ V2 ___ any ___

Skier ___ -or- Walker ___

Prior race worker experience (if any): _____

Worker's Name _____

E-mail _____

Phone _____

Course: V1 Boys ___ V1 Girls ___ V2 ___ any ___

Skier ___ -or- Walker ___

Prior race worker experience (if any): _____

Register your coaches below. Indicate if they have a season pass or not.

Only those indicating No (N) will be issued a complimentary coach lift pass.

<u>Name</u>	<u>Have pass? (Y or N)</u>
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Coach 1: _____	_____
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Coach 2: _____	_____
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Add more lines as needed.